

Emergency Kit (Pet & Human)

Misc.

- Emergency Contact Numbers (out of state)
- Food/Water Dish
- 1 week Food & Supplements (pet) Exp _____
- 1 gallon water per person per day
- Stove
- Cookware
- Wind-up radio/flashlight
- Heavy blankets (to move injured, prevent shock)
- Cell phone w/ chargers
- Complete change of clothing
- Paper towels
- Prescription eyeglasses
- Regular Batteries Exp _____
- Travel Dry-Aid/Dry Box
- Backup Hearing Aids (if possible)
- Replacement Filters
- Soap/shampoo (Rec. Dr. Castille)
- 1 set dishes per person
- Toothbrush(es)
- 1 week food & supplements (human)
- Sleeping bag(s)
- Flares
- Wrench (turn off gas)
- Waterproof matches
- Copies of ID / insurance policies
- Fire extinguisher
- Toilet paper
- Garbage bags (sanitation)
- Hearing Aid Batteries Exp _____
- Note for emergency crews:
"I have a hearing loss"

Medical

- First Aid Manual
- Hydrocortisone Cream # _____ Exp _____
- CPR Microshield
- Nitrile Exam Gloves
- Laxatone (Or mineral oil & syringe) # _____ Exp _____
- Baby aspirin Exp _____
- Dust masks
- Liquid Benadryl (Child) Exp _____
- Ipecac Exp _____
- Aloe/ Solarcaine Exp _____
- Feminine hygiene products
- Pepto Bismol/Immodium Exp _____
- Over-the-counter medications
- Prescription medications (1 week)

Bandages/Dressings

- Sterile Gauze Rolls
- Sterile Gauze Pads
- Neosporin
- Alcohol Prep Pads
- Self-Adherent Wrap
- Sharps Container
- Syringes
- Needles
- Band-aids
- Stabilizing Large Popsicle Sticks